



## FAQs About EVA

### *What is EVA?*

EVA is a natural food supplement that is naturally composed of proteins, amino acids, minerals, lipids and water. Specific key compounds contained in EVA include collagen, glucosamine sulphate, chondroitin sulphate, erythropoietin (EPO) and growth factors (IGF-1 and IGF-2). These natural compounds work to stimulate red blood cell production and cartilage cell regeneration and development.

### *Why use EVA?*

The primary uses for EVA are to increase energy, build your immune system and relieve pain associated with arthritis. Athletes, from weekend warriors to those competing at elite levels, use

EVA for increased energy and stamina.

Arthritis knows no age barriers. Research has proven that EVA provides relief of arthritic symptoms for people of all ages and for pets. EVA also contributes to a healthy immune system.

### *How do you use it?*

General experience derived from both Chinese and Western practice suggests that one or two 250 to 350 mg capsules of EVA per day are sufficient to maintain health and alleviate minor fatigue. Higher doses are used for healing or performance enhancement. Like most natural health supplements, the effects of EVA tend to be cumulative. Typically, significant benefits are seen after eight to 12 weeks of consistent use. As with any dietary supplement, you should consult your physician before using EVA.

### *Where does EVA come from?*

EVA comes from the farm, not the lab; EVA is Elk Velvet Antler. Elk antler is harvested by trained professionals under veterinary supervision through a certification partnership between the Alberta Elk Commission and the Alberta Veterinary Medical Association. Analgesia are used to ensure a low stress process for the animals so a consistently high-quality product can be harvested annually from the same bull throughout the course of his life. Bull elk naturally grow new antlers each year.

Through its antler tagging database and monitoring system, Alberta Agriculture can trace every piece of antler to the farm

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*It works... the research proves it*



and animal it originated from. The Canadian Food Inspection Agency and Health Canada enforce EVA processing plant health and safety regulations. These ensure a strictly monitored and safe supply chain for EVA from the moment the antler is harvested until it is packaged and sold.

### *How do Western science and Chinese tradition blend to deliver benefits to modern users?*

In the Chinese medical tradition, practitioners successfully administer different combinations of treatments to different individuals suffering from the same disease or condition. They take into account all the physical, emotional and psychological factors at work in the individual patient. This approach is based on the philosophy of seeking balance in life, expressed in the Chinese concepts of Yin and Yang.

In Western medicine, a doctor will successfully prescribe the same course of treatment to a number of patients with the same disease. Both approaches have their strengths and weaknesses, but the concept that one natural substance can

offer a variety of health benefits is more in keeping with traditional Chinese practice and relatively new to Western thought. The strong anecdotal evidence from Chinese tradition, combined with the solid and growing body of empirical evidence from research done in Australia, New Zealand and North America, validates the wide claims made on behalf of EVA.

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EVA is available in stores and through the [evaalberta.com](http://evaalberta.com) website. For more information, go to [www.evaalberta.com](http://www.evaalberta.com).

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