

# Smokin' Elk Ranch - Elk Meat Products

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*The natural choice for healthy lifestyles.*

- *Produced naturally*
- *Very lean / Low in fat and cholesterol*
- *Government Inspected (Provincial) / CWD tested*

## Product List

**Steaks** (1" thickness)  
 Striploin (2/pkg) \$21.00/lb  
 Sirloin (1/pkg) \$16.00/lb  
 Ribeye (2/pkg) \$21.00/lb



**Tenderloin** \$35.00/lb

**Roasts** (deboned, 2 - 5 lbs each)  
 Top Sirloin (also available in 5-8 lbs) \$14.00/lb  
 Cross Rib (boneless) \$12.00/lb

**Ground Hamburger** (1 lb) \$8.50/lb

**\*Sausage Ring** \$12.00 each

**\*Kubasa (Garlic) Ring** \$12.00 each



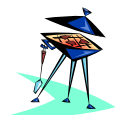
**\*Pepperoni** (4 Sticks)  
 Regular & Hot \$12.00/pkg

**\*Smokies** (5/pkg)  
 Regular \$12.00/pkg  
 Cheese \$14.00/pkg  
 Jalapeno Cheese \$14.00/pkg



**Hamburger Patties** (5oz each)  
**Seasoned** (10/pkg) \$30.00/pkg  
**Unseasoned** (10/pkg) \$30.00/pkg

**Jerky** (180g/pkg) \$20.00  
**Jerky** (1 lb) \$40.00



**Free Range Chickens** (whole) \$3.75/lb

**Elk Velvet Antler Capsules**  
**Bottle** (60 capsules/bottle) \$25.00  
**Case** (12 bottles/case) \$250.00

**Elk Bones** \$6.00/lb  
**Antler Dog Chews** \$16.00/lb

To order call: 780-939-5659  
 or drop by during store hours

Store Hours:  
**Monday to Saturday: 9AM - 8PM**  
**Closed on Sundays**

*\*Advisable to call first*



*All elk meat products are vacuum sealed / frozen and available for immediate pickup!*

### Nutritional Comparison (per 100g)

	Protein (g)	Fat (g)	Cholesterol (mg)	Cal (kCal)	Iron (mg)
Buffalo	21.6	1.84	62	109	2.6
<b>Elk</b>	<b>22.95</b>	<b>1.45</b>	<b>55</b>	<b>111</b>	<b>2.76</b>
Beef-hip	20.13	15.38	64	225	2.7
Pork - Ham	18.74	15.69	66	222	0.77
Chicken - bnls skinless breast	22.2	1.63	57	109	0.89
Lamb - Leg	17.21	20.8	71	261	1.63
Salmon - fillet	19.99	10.85	59	183	0.36

Source USDA Nutritional Database for Standard Reference (July 2001)

**\* 10% Pork meat added to these sausages**

*Prices subject to change without notice.*